

Oct. 9-11, 2024

**DMACC | Ankeny FFA Enrichment Center** 

## **Speaker & Professional title:**

Dave and Christi Dyke

## **Speaker Biography:**

Sought-after keynote speakers bringing awareness and transparency to the mental health epidemic. Having devoted over 24 years to his law enforcement career, Dave never saw his career ending the way it did. After an unexpected detour caused him to retire early, Dave & his wife, Christi, began sharing their story – the reality of what often lies Beneath the Badge. Together, they walk you through their experiences on how PTSD ended David's career, led to suicidal thoughts and the planning of the same, the near demise of their marriage. They intimately understand the mental health struggle that many are facing, often in silence.

Their story is emotional, uncensored, and raw. Mixed with humor, and at times a few tears, their vulnerability breaks the stigma with a powerful message resonating to all in attendance instilling a feeling of hope and resilience all the while emphasizing finding balance in one's own life and the importance of self-care.